



Jesse's Celebration of Life ceremony is being held on the afternoon of Friday 25th June.

In consultation with Jesse's family, we would like the children to come to school dressed in blue as this was Jesse's favourite colour.

Blue also represents calm and mindfulness, which is how we will spend our afternoons in class.

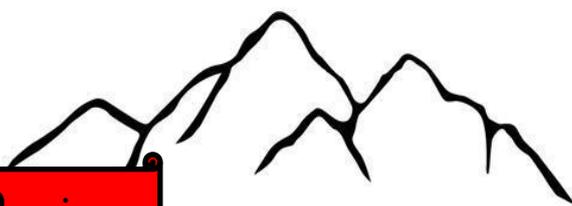


At Heathfield Academy, we take the wellbeing of our children incredibly seriously. Every day the children are encouraged to discuss their emotions, being reminded that it is okay to feel all of the different points on our emotional compass above.

The children often say that their aim is to feel calm to help with their learning. We encourage breathing exercises and grounding exercises for them and we practise these in our Mindful Moments.

How about trying these at home too for practise?

Breathe in for 3, hold for 3, and release for 3...



Passion

Peak of the Week

Discussing our peaks of the day or peaks of the week is a lovely mindfulness practice.

Jonathan: My peak of the week was when my friend came and asked if I was alright and got a teacher for me when I had a nose bleed. It was really kind of them.

Austin: My peak was Wednesday! It was sunny!|

Commitment

Aspiration

Positivity

A Summer of Sport

"It's good to finally be back in the swing of things in terms of PE & Sports at Heathfield Academy. Since coming back after lockdown, the children have enjoyed getting used to participating in different sports with their peers and using the social corner to understand what it's like to be part of a team again.

The children have also used Striking & Fielding games to build their confidence, as there is no better feeling than striking a ball with a tennis racket or cricket bat.

As we near the end of the summer term, the children of Heathfield Academy are now preparing for their Sports Day, which I hope will be a celebration for all of us at Heathfield Academy."

- Mr Gent (Coach Gent)

Chestnut	Juniper	Maple	Birch	Holly	Beech	Pine	Elm	Ash	Oak
100%	90.7%	94.8%	94.5%	98.5%	97.0%	95.2%	95.7%	97.6%	94.4%