

Did you know?



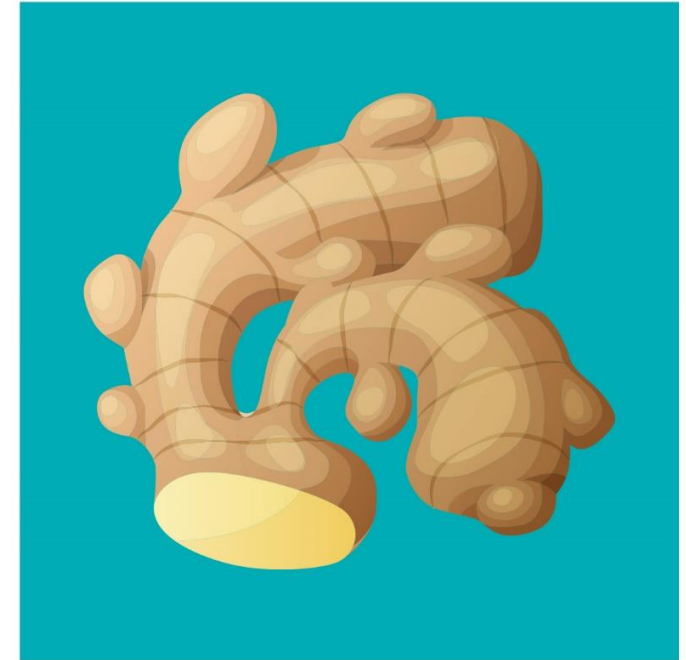
Where was the first fish and chip shop?

Fish and chips has long been considered quintessentially East End food. But did you know the first fish and chip shop in the UK was started right here in London. Joseph Malin ran a fried fish and chip shop in Bow from 1860 to the early 1970s. It might also surprise you to know that fried fish, which you might assume to be a British delicacy, was brought over to England by Jewish people. The addition of chips occurred in the 1800s, and this delicious duo led to the birth of fish and chips as we know them today.



Who invented cheesecake?

Cheesecake – The ancient Greeks, by the fifth century BC, made the earliest known rudimentary cheesecakes (plakous meaning “flat mass”), consisting of patties of fresh cheese pounded smooth with flour and honey and cooked on an earthenware griddle. In late medieval Europe, cheesecake remerged in tart form with a pastry base. The first English cookbook, *The Forme of Cury* (c. 1390), consisting of a collection of medieval English recipes compiled by the cooks of King Richard II, included two cheese tarts: “Sambocade,” containing curd cheese, egg whites, rosewater.



Is Jamaican ginger cake from Jamaica?

Yes, this cake did originate in Jamaica. Sugarcane and many kinds of exotic spices grow in Jamaica, making it easy to obtain the key ingredients. It has a similar taste and ingredients to that of gingerbread.